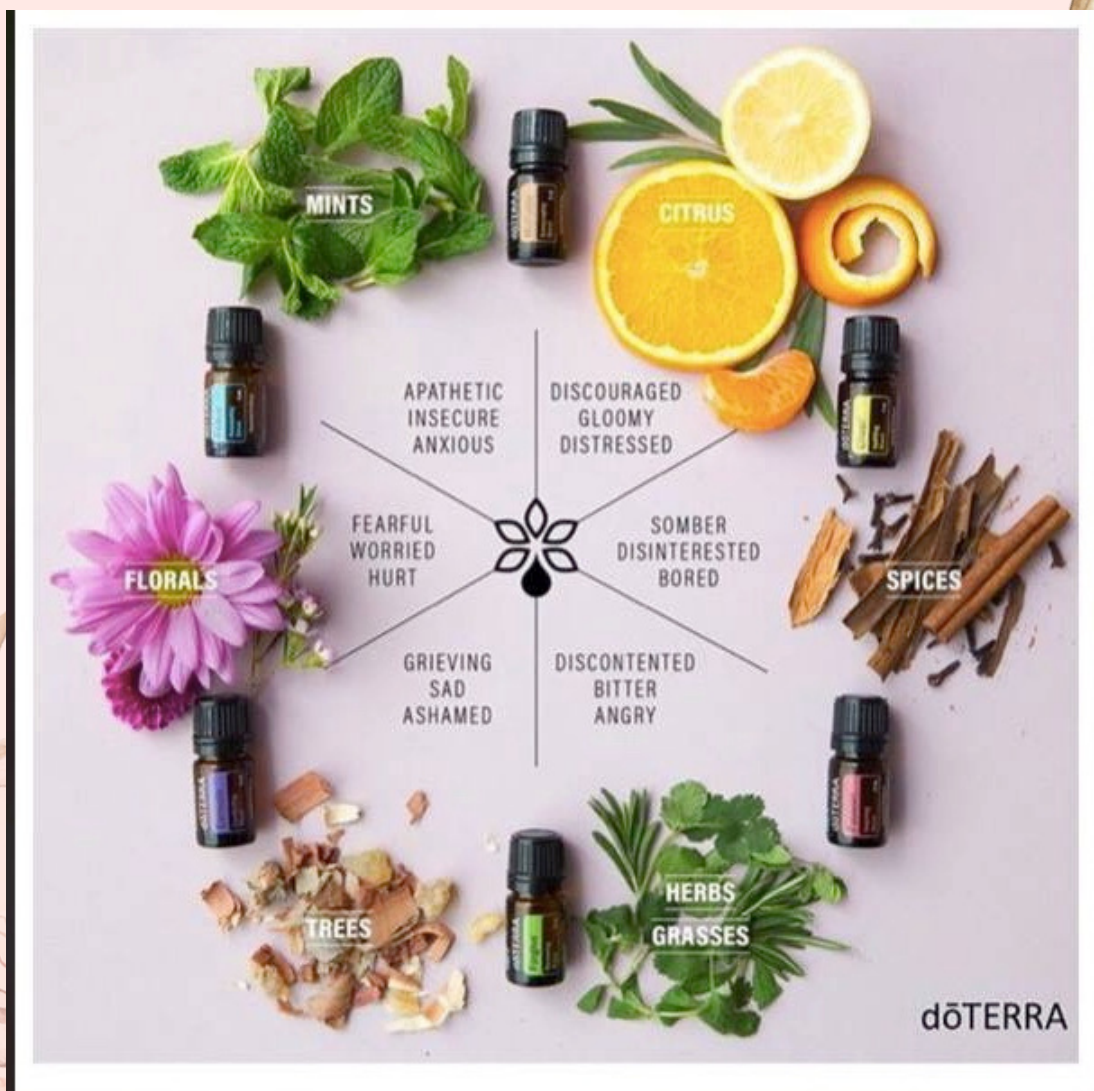


# Essentially Eliter



# Essentially Elite

## DIY pure-bume options

### Option 1

10 drops dōTERRA Balance®  
10 drops Citrus Bliss®  
10 drops Elevation™  
10 drops Whisper®



### Option 2

10 drops Neroli  
8 drops dōTERRA Passion®  
10 drops Citrus Bliss®

### Option 3

5 drops Bergamot  
5 drops Ylang Ylang  
5 drops Grapefruit  
5 drops Jasmine



add oils to a 10mL roller and  
top off with a carrier oil

# Essentially Elite

## balance those HORMONES

ROLLER BLEND

15 drops Clary Sage  
10 drops Lavender  
5 drops Ylang Ylang  
5 drops Geranium

Add oils to a 10mL Roller and  
top off with a carrier oil

Roll on lower back, abdomen, and feet the  
week before, and during your cycle



# Essentially Elite

## soul awakening

### ROLLER BLEND

10 drops Wild Orange  
10 drops Frankincense  
6 drops dōTERRA Serenity®  
10 drops Bergamot  
2 drops Rose (or 5 drops from a Rose touch)

Add oils to a 10mL Roller and  
top off with a carrier oil

Roll over your heart and solar plexus to  
utilize the high vibrations of these oils during  
prayer or meditation



# Essentially Elite

## tummy tamer

ROLLER BLEND

10 drops DigestZen®  
10 drops Peppermint  
10 drops Ginger

Add oils to a 10mL Roller and  
top off with a carrier oil

Roll on the stomach for  
occasional upset



# Essentially Elite

## *anxious feelings*

ROLLER BLEND

10 drops Lavender Peace®  
10 drops Adaptiv™  
10 drops Copaiba

Add oils to a 10mL Roller and  
top off with a carrier oil

Roll on your neck and wrists and  
inhale deeply



# Essentially Elite

LONG LIFE

*vitality*

Antioxidant,  
cellular energy,  
and longevity

Omega 3-6-9  
fatty acids and  
nine essential oils

Bioavailable  
multivitamin  
and mineral



Maximum nutrition for energy, focus, relief, and well-being

# Essentially Elite



**TAKE THE CHANCE.  
LIFE IS TOO SHORT  
TO NOT GO AFTER  
WHAT YOU WANT.**  
*You don't deserve  
to settle for less.*

**PURCHASE  
OILS [CLICK HERE](#)**

