

Creating Consistent Business Habits

*This
Months
Goals*

How Many Star Clubs for the month? _____

How Many Quarterly Incentive points? _____

How Many Elite Holiday points? _____

<p>Day 1.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 2.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 3.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 4.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 5.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 6.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 7.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 8.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 9.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 10.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.
<p>Day 11.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 12.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 13.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 14.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 15.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 16.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 17.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 18.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 19.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 20.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.
<p>Day 21.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 22.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 23.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 24.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 25.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 26.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 27.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 28.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 29.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.	<p>Day 30.</p> <input type="checkbox"/> Activity 1. <input type="checkbox"/> Activity 2. <input type="checkbox"/> Activity 3. <input type="checkbox"/> Activity 4. <input type="checkbox"/> Activity 5. <input type="checkbox"/> Activity 6. <input type="checkbox"/> Activity 7.

Activity 1. 5 Business/product Reachouts - 1 needs to be business

Activity 2. 3 Follow-up's

Activity 3. Talking about business or products on your stories or post

Activity 4. 1 - 5 new connections (mutual friend, building relationship on Instagram)

Activity 5. Interaction - 5+ story comments and 5+ post comments

Activity 6. Wishing people Happy Birthday on their Facebook Pages and personally message them

Activity 7. Personal Development. Audio/Podcast/10 pages of book

Habits form through repetition – usually 21–66 days on average. The hardest part is the first few weeks, don't quit early. Small daily actions compound into real change.

Consistency builds belief – in yourself and your business. Results come from what you do over and over, not once. It's easier to keep going than to keep restarting.

“No” doesn't mean never – it often just means not right now. People protect their comfort zones – it's not about you. Every “no” builds resilience and leads you closer to a “yes.” No is part of the process, not a sign to stop.

2026 Elite Goal & How to Qualify

What level will I achieve?

How many star clubs will I work towards each month?

How many New Ambassadors will I sponsor each month?

Help them get a client base earn star club bonuses.

How many can I help get to Director and beyond.

				
VIP Elite Points	250	350	600	1000
Paid As Rank (4 consecutive months)	1 st Time Director -or- Coordinator	Coordinator	Executive Coordinator	Key Coordinator
Ambassador Sponsoring Minimum	2	2	2	2
VIP Elite Trip	1 person + \$350 Flight Credit	2 people + \$700 Flight Credit	2 people & perks + \$800 Flight Credit	2 people & more perks + \$1,000 Flight Credit

Star Club Bonus Points	Points
Earn a \$75 Star Club Bonus	10

A maximum of 120 points in this category will count towards Bronze and Silver Elite. A maximum of 240 points in this category will count towards Gold and Platinum Elite. The points in this category are updated weekly on your tracker.

New Ambassador With First Sale Points	Points
New Ambassador With First Sale Points	6

When you sponsor a brand-new Ambassador, or upgrade an existing Member to Ambassador, with an order of \$100 or more you will get 6 points.

New Ambassador Sales	Points
New Ambassador accumulates \$500 in product sales to new people within first 90 days	20
New Ambassador accumulates \$500 in product sales to new people within first 91 - 150 days	10

A maximum of 180 points in this category will count towards Bronze and Silver Elite. A maximum of 360 points in this category will count towards Gold and Platinum Elite. The points in this category are updated daily on your tracker.

Month 2+ Order Retention	Points
2 nd Month+ Order	1
2 nd Month+ Scheduled Loyalty Order	2

A maximum of 100 points in this category will count towards Bronze and Silver Elite. A maximum of 200 points in this category will count towards Gold and Platinum Elite. The points in this category are updated daily on your tracker.

Personal Rank

Rank Advancement Category

To earn Rank Advancement Points, you must achieve the new Paid As Rank and maintain for three additional consecutive months (for a total of four consecutive months) during this incentive year.

New Rank Achieved ³	Points
Senior Ambassador (AMBIII)	15
Director	25
Senior Director	50
Coordinator	75
Senior Coordinator	75
Executive Coordinator	100
Senior Executive Coordinator	100
Key Coordinator	150
Senior Key Coordinator	150
Master Coordinator	200
Senior Master Coordinator	250
Presidential Master Coordinator	300

Team Building

Business Development Category

Earn points for 1st Generation Business Leader Rank Advancements to any new rank between Senior Ambassador and Senior Key Coordinator. Points are earned when the Business Leader (or Senior Ambassador) hits the new Paid As Rank (above their starting Rank Advancement base) and holds it for a total of 4 consecutive months during the incentive qualification. There is no limit to the number of Business Leaders you may develop and earn up to 150 maximum points for.

New Rank Achieved	Points
Senior Ambassador (AMBIII)	15
Director	25
Senior Director	50
Coordinator	50
Senior Coordinator	50
Executive Coordinator	50
Senior Executive Coordinator	50
Key Coordinator	75
Senior Key Coordinator	75

To get a full overview of earning the Elite Holiday go to Trackers and Incentives and speak to your leader.